

The Anne and Louis Pritzker Wellness Library and
Family Caregiver Connections present...

Creating Calm, Clarity and Peace of Mind while Caring for Others

Please join us for an evening of inspiration and relaxation with
renowned teacher, speaker, and author
Sharon Salzberg



Monday, November 16, 2009
6:30 pm—8:30 pm (Refreshments provided)
Posluns Auditorium, Baycrest, 3560 Bathurst Street

Limited caregiver respite and transportation available
(transportation not wheelchair accessible)
Pay parking at Baycrest

For more information contact 416-373-4093 or nzabolotsky@circleofcare.com
Please RSVP by November 10, 2009