

# Family Caregiver Connections Couples Group

- ✓ Are you caring for your spouse, who has dementia or cognitive impairment?
- ✓ Are you looking for an opportunity to socialize together, interact with other couples, share common experiences and develop new friendships?
- ✓ Please join us for the Couples Group to explore a range of activities that are supportive and nurturing for both the caregiver and the care recipient.



**This group will meet 5 consecutive Thursdays  
from February 25<sup>th</sup> to March 25<sup>th</sup>  
1:30 pm—3:30 pm (Refreshments provided)  
Wagman Centre at Baycrest, 55 Ameer Ave.**

**Parking and transportation services available**

**For more information please contact  
Patricia Wendy 416-635-2900 (x499) or Natalie Zabolotsky 416-635-2900 (X498)  
[pwendy@circleofcare.com](mailto:pwendy@circleofcare.com) or [nzabolotsky@circleofcare.com](mailto:nzabolotsky@circleofcare.com)**