



Balancing...

Family, Caregiving and Work

A Support Group for Adult Child Caregivers



When: Mondays, May 31 - July 19

Time: 6:30pm - 8:00pm

Where: Circle of Care, 530 Wilson Ave. 3rd Floor

Circle of Care is pleased to announce a support group for adult children caring for their aging parents. Explore issues related to care giving, caregiver burnout and coping strategies.

Facilitated by Sara Morin, MSW RSW.
For more information, to join, or make a referral,
please contact Sara at (416) 635-2900, ext.413

