

# The Facts on Aging and Depression for Older Adults and Those Who Care About Them

## *Seminar for Family Caregivers with Randi Fine*

- ▶ Consultant and Educator ◀
- ▶ Specializing in Aging & Mental Health ◀
- ▶ Founding Executive Director of the “OPMHAN” ◀  
Older Persons' Mental Health  
and Addictions Network of Ontario



**Tuesday, October 20, 2009  
6:30 – 8:30pm  
Baycrest, Loftus Hall, 3560 Bathurst Street**

RSVP required: 416-373-4093 or [nzabolotsky@circleofcare.com](mailto:nzabolotsky@circleofcare.com)

Transportation and respite services available