




**Educational Support Group
For Caregivers of Family Members with
Mental Health Illness**



Topics will include:
Community Resources
Future Planning and Estate Planning
Care for the Caregiver

Six Tuesday Evenings: August 18 to September 22

6:30-8:30pm

1003 Steeles Ave. W
(Bernard Betel Centre, Music Room)

For more information or to register call 416-373-4093

Parking, Transportation and respite services available



****Group participants must be over the age of 55****

****Caregiver and family members do not need to be residing together****